

ENDS AND TRENDS WITH KIM AND KAREN

Kim's Tip: Tips for Great Looking Nails



Check out these easy do-it-yourself nail care tips to achieve nail salon quality at home.

- **Yellowing Nails** – Try using a pea-size amount of whitening toothpaste to each nail. Rub into nails using a nail brush or old toothbrush and let sit for 5 minutes before rinsing with warm water. Repeat a few times a week for noticeable whiter nails.
 - **Keep Hands Hydrated** – To maintain soft hands, use a body scrub and apply a heavy cream with cuticle oil and cover hands with cotton gloves. The longer you leave the gloves on, the softer your hands will be.
 - **Perfecting Nail Polish Application** – Apply a couple coats of nail polish until desired shade is accomplished. If polish gets on your skin, let nails dry completely and use a paintbrush dipped in nail polish remover to clean up the excess paint.
 - **Create Your Own Amazing Shades** – If you can't find the exact shade you were looking for, mix a few colors together to create your own. Use a small plastic cup, like the kind that comes with a cough syrup bottle, and experiment with the amount of each shade to create your own personalized color.
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